

# Office on Youth and Waynesboro Public Schools Safe Routes to School Program



## Dress **Bright** & Tight for Biking Safety

1. Watch [this 3 minute video](#) on how to dress **Bright** and Tight for Safety.
2. Read how to dress Bright and Tight in part 2 of Be A Safe Bike Driver.
3. Answer TRUE or FALSE for the sentences below:
  - a. I should wear light or bright-colored clothing to be seen on my bike. \_\_\_\_\_
  - b. It doesn't matter if my shoelaces are untied when I drive my bike. \_\_\_\_\_
  - c. I should tuck away any strings or cords so they don't dangle when I drive my bike. \_\_\_\_\_
  - d. Headphones should always be worn while driving my bike. \_\_\_\_\_
  - e. It is not a good idea to wear flip flops or sandals while driving a bike. \_\_\_\_\_
  - f. Wear snug clothing while biking so nothing gets caught in the moving parts of your bike. \_\_\_\_\_
  - g. Bonus TRUE or FALSE Question: When biking, always wear a bike helmet to protect your head in case of a crash. \_\_\_\_\_

4. Find the words about dressing for bicycle safety in the puzzle:

	M	R	Q	S	A	F	E	T	Y	V
	F	E	O	U	G	Q	S	G	H	I
<b>BICYCLE</b>	B	F	B	N	Z	L	H	U	E	K
<b>BRIGHT</b>	R	L	I	S	X	Q	O	O	L	L
<b>GLOVES</b>	I	E	C	C	X	Y	E	V	M	Q
<b>HELMET</b>	G	C	Y	R	T	A	S	P	E	Y
<b>REFLECTIVE</b>	H	T	C	E	T	I	G	H	T	S
<b>SAFETY</b>	T	I	L	E	D	E	M	C	H	E
<b>SEEN</b>	P	V	E	N	O	J	X	E	O	E
<b>SHOES</b>	O	E	K	F	V	R	F	L	E	N
<b>SUNSCREEN</b>										
<b>TIGHT</b>										

5. Riddle: Why couldn't the flower ride the bike?